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depression definition symptoms causes treatment Oct 02 2020 web 25 jan 2023 depression in psychology a mood or emotional state that is marked by feelings of low self worth or guilt and a reduced ability to enjoy life a person who is depressed usually experiences several of the following symptoms feelings of sadness hopelessness or pessimism lowered self esteem and heightened self depreciation a

**14 common signs and symptoms of depression medical news today** Apr 20 2022 web 21 jul 2022 depression is a medical condition that affects about 280 million people globally it is also called clinical depression or major depressive disorder the symptoms of depression vary from

**nimh depression national institute of mental health nimh** Feb 06 2021 web major depression which includes symptoms of depression most of the time for at least 2 weeks that typically interfere with one s ability to work sleep study and eat persistent depressive disorder also called dysthymia which often includes less severe symptoms of depression that last much longer typically for at least 2 years

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depression mental health uk Mar 19 2022 web depression is a long lasting low mood disorder it affects your ability to do everyday things feel pleasure or take interest in activities it s different from feeling sad or down but anyone can experience depression overview of depression this section provides information about depression

*depression causes symptoms and treatment patient* May 09 2021 web 27 jul 2022 depression sometimes occurs at the same time as other mental health problems people with anxiety panic disorder and personality disorders quite commonly also develop depression as a rule depression should be treated first followed by treatment of the other disorder in particular anxiety will often improve following treatment of